



**The Heights Pre-School**  
*Growing little people since 1987*

## **EXCLUSIONS OF FOODS POLICY**

**X NO PEANUT PRODUCTS**

**X NO LCM BARS**

The Heights Pre-School Centre aims to create and ensure a safe environment for children who are allergic or anaphylactic to nuts and / or nut products.

The following procedures have been put into place.

### **IMPLEMENTATION / PROCEDURE:**

1. Nuts and nut products are excluded from the Centre menu.
2. Parents are asked not to give their children nuts or nut products for lunch.  
This includes: peanut butter, Nutella, and snack bars containing nuts.
3. Parents are asked not to give their child eggs for lunch & no egg sandwiches.
4. Effective emergency response system for children affected by nuts.
5. Identification of individual allergies that may affect children.
6. Sharing of information regarding this policy with staff and parents on a regular basis.
7. In-service training for all staff to further their knowledge on allergies.

### **POLICY SOURCE ACKNOWLEDGEMENTS**

- CONSULTATION WITH MANAGEMENT, STAFF AND FAMILIES
- CARING FOR CHILDREN: FOOD, NUTRITION AND FUN ACTIVITIES. NSW HEALTH (4<sup>TH</sup> ED) 2005
- HEALTH & SAFETY IN CHILDREN'S SERVICES: MODEL POLICIES & PRACTICES 2<sup>ND</sup> ED. 2003

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